

# Sudbury Regional Wrestling Club



srwc@live.ca

## EARLY BIRD TOURNAMENT "ROGUE"

- ~ When – Saturday November 8<sup>th</sup>/2014,
- ~ Where – MacDonald Cartier High School, 37 LaSalle Blvd. West, Sudbury,
- ~ Start Time – 9:00am – We will be running on 4 mats,
- ~ Cost - \$18 per athlete,
- ~ Food concession will be available at our meet,
- ~ 1) BOYS - 2<sup>nd</sup> year Bantam (Grade 8) & Cadet (Grade 9 & 10),
- ~ 2) BOYS – High School Open (Grade 11 & 12),
- ~ 3) GIRLS - 2<sup>nd</sup> year Bantam (Grade 8) & Cadet (Grade 9 & 10),
- ~ 4) GIRLS - High School Open (Grade 11 & 12).
- ~ **(Note - No Bantams will be allowed to wrestle up in the "Open" categories)**
- ~ Weight Classes – OFSAA weights with a one KG allowance, there will be a skin check and RED DOT weigh in,
- ~ Deb Fraser of AKTION SPORTS will be selling Wrestling gear,
- ~ Please have all your wrestlers weights & categories emailed to me by Wednesday November 6<sup>th</sup> @ 6:00pm.

For Tournament information please contact:

Guy Quenville

(705) 698-2645 Cell

(705) 673-2232 Home

Ourhaven69@hotmail.com

### Weight Classes

~ **As this tournament is a high school/OAWA event, for insurance purposes all Bantam wrestlers must be registered with the OAWA**

~ Female – High School Open (OFSAA Weights)

41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, UNL (+1 KG).

~ Male – High School Open (OFSAA Weights)

38, 41, 44, 47.5, 51, 54, 57.5, 61, 64, 67.5, 72, 77, 83, 89, 95, UNL (+1 KG Allowance)